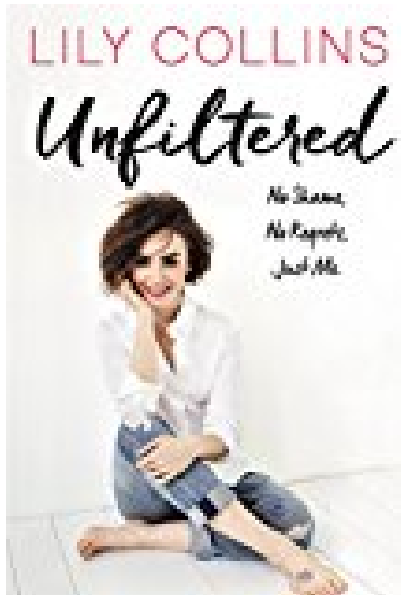


Unfiltered No Shame No Regrets Just Me.



BOOK DETAILS

- Author : Lily Collins
- Pages : 240 Pages
- Publisher : HarperCollins
- Language : English
- ISBN : 0062473018

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BOOK SYNOPSIS

In this groundbreaking debut essay collection, featuring never-before-seen photos, actress Lily Collins—star of *Mortal Instruments* and *Rules Don't Apply*—is opening a poignant, honest conversation about the things young women struggle with: body image, self-confidence, relationships, family, dating, and so much more. For the first time ever, Lily shares her life and her own deepest secrets, underlining that every single one of us experiences pain and heartbreak. We all understand what it's like to live in the light and in the dark. For Lily, it's about making it through to the other side, where you love what you see in the mirror and where you embrace yourself just as you are. She's learned that all it takes is one person standing up and saying something for everyone else to realize they're not alone. By turns hilarious and heartbreaking, Lily's honest voice will inspire you to be who you are and say what you feel. It's time to claim your voice! It's time to live your life unfiltered.

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