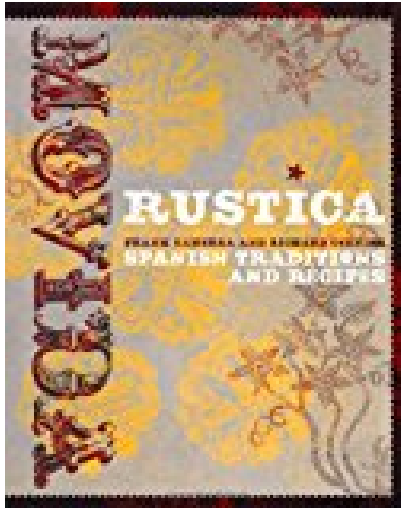


# MoVida Rustica Spanish Traditions and Recipes

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## BOOK DETAILS

- Author : Frank Camorra
- Pages : 368 Pages
- Publisher : Murdoch Books
- Language : English
- ISBN : 1741964695



## BOOK SYNOPSIS

Following the multi-award winning title MoVida, chef and restaurateur Frank Camorra returns to his native Spain in this companion book. In MoVida Rustica, Frank delivers many traditional as well as innovative recipes that are inspired by his travels but perfected for the home cook. From the nations bustling capital Madrid and Basque seaside towns to rustic Andalucia with its Sherry Triangle, MoVida Rustica highlights the pillars of Spanish cooking, and the culture in which the food is grown, prepared and eaten. Get to know matriarch Herminda, stroll across the Santiago Market and visit the kitchen gardens of Salamanca to understand what defines traditional Spanish food.

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